

## Eye Accessing Questions

1. What colour is your front door?
2. What's it like to suck a lemon?
3. Play your favourite piece of music in your head.
4. Imagine the sound of your telephone?
5. What does your best friends voice sound like?
6. Imagine a purple triangle inside a blue square
7. Imagine a cow that has wings and can fly
8. If a map is upside down, which direction is South West?
9. What does freshly cut grass smell like
10. What colour is the handle on your kettle?
11. What do you say to yourself when things don't go right?
12. What do you think of poor customer service?
13. Imagine your car painted lime green
14. Imagine a nice hot bubble bath
15. Spell your Christian name backwards
16. Which of your friends has the longest hair?
17. What colour was the car in front of you on your last journey?
18. Imagine a cube with a triangle inside it
19. What is 14 plus 12
20. Say the last 5 letters of the alphabet backwards.
21. What would your friend sound like if she was angry with you?
22. What was the last piece of music you listened to?
23. How many windows are in your house?
24. Which way do you turn your key in the front door, clockwise or anticlockwise.
25. What's written on your front door key
26. How many lights are in the ceiling at your work place?
27. What was the last news story you heard on the radio?
28. What was the last TV programme you watched?
29. Do you put on your left shoe or right shoe first?
30. What's it feel like to have a tiny stone in your shoe when you walk?
31. Imagine a car that could talk
32. What would your best friend look like with bright green hair?
33. Imagine yourself on a stage in front of an audience of 1000 people
34. Say your address to yourself after you've breathed in helium
35. What is 23 times 6
36. How loud is your phone?
37. Think of a red square inside a blue triangle
38. What time was it when you last checked?
39. How many cars did you see on your last car journey?
40. Imagine your friend wearing a chicken costume.